

WMIP Mental Health Subcommittee Meeting Notes

November 4, 2004

Attending: Peggy Wanta, Molina; Barb McFadden, Compass Health; Cathy Cochran, DSHS; Chris Imhoff, DSHS, Mental Health Division; Nancy Jones, SCHSD; Chuck Benjamin, NSMHA.; Susan Ramaglia, NAMI Skagit; Cammy Hart-Anderson, Sno. Co. AOD; Rachele Bridgeman, Molina; Lisa Zerda, Molina; Paul Lowden, Molina

The agenda covered areas of coordination for the Jan. 2005 Medical/Chemical Dependency start date.

WMIP enrollee who comes in to crisis

- Compass could refer to Molina Care Coordinator if they have a signed release for MH and/or chemical dependency.
- Not clear whether a CDMHP or Emergency Services could give information to an MCO without a release of information (ROI). Barb will check current emergency services practice.

Crisis Alerts from Molina to VOA

- OK if client signs a release
- Crisis plan may be shared with Molina with a release

Coordination when a CDMHP sees a Molina client in crisis

- Crisis services will be delivered the way they are now. Molina will be one of the contacts for CD/MH providers. The group discussed when a CDMHP sees a client in crisis and how this will then be followed with the 12 visits from Molina. Compass and other MH providers will, where appropriate, contact the Care Coordination Team (CCT)/PCP for follow-up referral for 12 visits, and/or client will make follow-up contacts if they choose. During emergencies, contacts and follow-up are made as usual, but CCT and providers will work with each other more closely to make sure services are provided and coordinated, following advice on release and continuity of care information.

New enrollee assessment

- To the extent possible, DSHS will identify clients who have been high utilizers and/or at risk (people using home care services, for example, or frequent ER use) so that Molina will have some indication of who to prioritize for assessments. Information sharing will take place to the extent possible (per HIPAA and confidentiality laws) and Molina will have data regarding all medications which will give some indications of higher acuity and more immediate needs.

New medical diagnosis

- Molina and NSMHA providers will communicate if the client signs release.
- Molina has an internal mechanism for informing PCPs of prescription history and diagnosis.

Coordination between PCP, Chemical Dependency and Mental Health

- CD usually requests a release to communicate with the PCP
- Molina internal systems track prescribing patterns which will help PCP and CD (with release)

Next Meeting: Dec. 2 – 1:30 to 3 at SCHSD in the Northwest Room

Agenda:

- 1. NSMHA will provide an update on any adjustments in services planned for Jan. 1**
- 2. The group will walk through case studies provided by County CD and MH to identify coordination issues and opportunities for improved services**
- 3. Other agenda items will be added after input from the group**